

Stage 4: Purple to Green Belt

Student:

Requirements for Green Belt

Tui Fa (Moving Kicking Techniques)	Understands and can perform kick	Can perform kick without prompting	Can perform kick quickly and with confidence
Liu Tui (Ramble Kick)			
Wai Bai Tui (External Crescent Kick)			
Nei Bai Tui (Internal Crescent Kick)			
Pai Tui (Slap Kick)			
Deng Tui (Heel Kick)			
Ce Deng Tui (Side Heel Kick)			
<u>Kicking Combinations</u> Click here for reference video	Understands and can perform Kicking Combo	Can perform Kicking Combo quickly and with confidence	
Kicking Combo #1			
Kicking Combo #2			
Kicking Combo #3			
Wu De (Martial Moralities)	Definition Memorized		
Humility			
Respect			
Righteousness			
Trust			
Loyalty			
Will			
Endurance			
Perseverance			
Patience			
Courage			