## **Stage 3: Yellow to Purple Belt**

## Student:

## **Requirements for Purple Belt**

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Tui Fa (Stationary Kicking Techniques)	Understands and can perform kick	Can perform kick without prompting	Can perform kick quickly and with confidence
Ti Tui (Toe Kick)			
Deng Tui (Heel Kick)			
Liu Tui (Ramble Kick)			
Wai Bai Tui (External Crescent Kick)			
Nei Bai Tui (Internal Crescent Kick)			
<u>Tan Tui (Spring Leg Techniques)</u> <u>Click here for reference video</u>	Understands and can perform Tan Tui	Can perform Tan Tui quickly and with confidence	
Tan Tui #1			
Tan Tui #2			
Tan Tui #3			
Wu De (Martial Moralities)	Definition Understood		
Humility			
Respect			
Righteousness			
Trust			
Loyalty			